

4-H Food & Nutrition Programs

Alignment with the
Texas Essential Knowledge and Skills for Kindergarten

English Language Arts & Reading	
Mathematics	
Science	
Social Studies	
Health Education	6A-D, 7A-B
Physical Education	10A-B
Art	
Music	
Theatre	
Technology Applications	



§110.2. English Language Arts and Reading, Kindergarten, Adopted 2017.

- (a) Knowledge and skills.
- (1) Developing and sustaining foundational language skills: listening, speaking, discussion, and thinking--oral language. The student develops oral language through listening, speaking, and discussion. The student is expected to:
- (A) listen actively and ask questions to understand information and answer questions using multi-word responses;
 - (B) restate and follow oral directions that involve a short, related sequence of actions;
 - (C) share information and ideas by speaking audibly and clearly using the conventions of language;
 - (D) work collaboratively with others by following agreed-upon rules for discussion, including taking turns; and
 - (E) develop social communication such as introducing himself/herself, using common greetings, and expressing needs and wants.
- (2) Developing and sustaining foundational language skills: listening, speaking, reading, writing, and thinking--beginning reading and writing. The student develops word structure knowledge through phonological awareness, print concepts, phonics, and morphology to communicate, decode, and spell. The student is expected to:
- (A) demonstrate phonological awareness by:
 - (i) identifying and producing rhyming words;
 - (ii) recognizing spoken alliteration or groups of words that begin with the same spoken onset or initial sound;
 - (iii) identifying the individual words in a spoken sentence;
 - (iv) identifying syllables in spoken words;
 - (v) blending syllables to form multisyllabic words;
 - (i) segmenting multisyllabic words into syllables;
 - (ii) blending spoken onsets and rimes to form simple words;
 - (iii) blending spoken phonemes to form one-syllable words;
 - (iv) manipulating syllables within a multisyllabic word; and
 - (v) segmenting spoken one-syllable words into individual phonemes;
 - (B) demonstrate and apply phonetic knowledge by:
 - (i) identifying and matching the common sounds that letters represent;
 - (ii) using letter-sound relationships to decode, including VC, CVC, CCVC, and CVCC words;
 - (iii) recognizing that new words are created when letters are changed, added, or deleted such as it - pit - tip - tap; and
 - (iv) identifying and reading at least 25 high-frequency words from a research-based list;
 - (C) demonstrate and apply spelling knowledge by:
 - (i) spelling words with VC, CVC, and CCVC;

- (ii) spelling words using sound-spelling patterns; and
 - (iii) spelling high-frequency words from a research-based list;
 - (D) demonstrate print awareness by:
 - (i) identifying the front cover, back cover, and title page of a book;
 - (ii) holding a book right side up, turning pages correctly, and knowing that reading moves from top to bottom and left to right with return sweep;
 - (iii) recognizing that sentences are comprised of words separated by spaces and recognizing word boundaries;
 - (iv) recognizing the difference between a letter and a printed word; and
 - (v) identifying all uppercase and lowercase letters; and
 - (E) develop handwriting by accurately forming all uppercase and lowercase letters using appropriate directionality.
- (3) Developing and sustaining foundational language skills: listening, speaking, reading, writing, and thinking--vocabulary. The student uses newly acquired vocabulary expressively. The student is expected to:
 - (A) use a resource such as a picture dictionary or digital resource to find words;
 - (B) use illustrations and texts the student is able to read or hear to learn or clarify word meanings; and
 - (C) identify and use words that name actions; directions; positions; sequences; categories such as colors, shapes, and textures; and locations.
- (4) Developing and sustaining foundational language skills: listening, speaking, reading, writing, and thinking--self-sustained reading. The student reads grade-appropriate texts independently. The student is expected to self-select text and interact independently with text for increasing periods of time.
- (5) Comprehension skills: listening, speaking, reading, writing, and thinking using multiple texts. The student uses metacognitive skills to both develop and deepen comprehension of increasingly complex texts. The student is expected to:
 - (A) establish purpose for reading assigned and self-selected texts with adult assistance;
 - (B) generate questions about text before, during, and after reading to deepen understanding and gain information with adult assistance;
 - (C) make and confirm predictions using text features and structures with adult assistance;
 - (D) create mental images to deepen understanding with adult assistance;
 - (E) make connections to personal experiences, ideas in other texts, and society with adult assistance;
 - (F) make inferences and use evidence to support understanding with adult assistance;
 - (G) evaluate details to determine what is most important with adult

- assistance;
 - (H) synthesize information to create new understanding with adult assistance; and
 - (I) monitor comprehension and make adjustments such as re-reading, using background knowledge, checking for visual cues, and asking questions when understanding breaks down with adult assistance.
- (6) Response skills: listening, speaking, reading, writing, and thinking using multiple texts. The student responds to an increasingly challenging variety of sources that are read, heard, or viewed. The student is expected to:
- (A) describe personal connections to a variety of sources;
 - (B) provide an oral, pictorial, or written response to a text;
 - (C) use text evidence to support an appropriate response;
 - (D) retell texts in ways that maintain meaning;
 - (E) interact with sources in meaningful ways such as illustrating or writing; and
 - (F) respond using newly acquired vocabulary as appropriate.
- (7) Multiple genres: listening, speaking, reading, writing, and thinking using multiple texts--literary elements. The student recognizes and analyzes literary elements within and across increasingly complex traditional, contemporary, classical, and diverse literary texts. The student is expected to:
- (A) discuss topics and determine the basic theme using text evidence with adult assistance;
 - (B) identify and describe the main character(s);
 - (C) describe the elements of plot development, including the main events, the problem, and the resolution for texts read aloud with adult assistance; and
 - (D) describe the setting.
- (8) Multiple genres: listening, speaking, reading, writing, and thinking using multiple texts--genres. The student recognizes and analyzes genre-specific characteristics, structures, and purposes within and across increasingly complex traditional, contemporary, classical, and diverse texts. The student is expected to:
- (A) demonstrate knowledge of distinguishing characteristics of well-known children's literature such as folktales, fables, fairy tales, and nursery rhymes;
 - (B) discuss rhyme and rhythm in nursery rhymes and a variety of poems;
 - (C) discuss main characters in drama;
 - (D) recognize characteristics and structures of informational text, including:
 - (i) the central idea and supporting evidence with adult assistance;
 - (ii) titles and simple graphics to gain information; and
 - (iii) the steps in a sequence with adult assistance;
 - (E) recognize characteristics of persuasive text with adult assistance and state what the author is trying to persuade the reader to think or do; and
 - (F) recognize characteristics of multimodal and digital texts.

- (9) Author's purpose and craft: listening, speaking, reading, writing, and thinking using multiple texts. The student uses critical inquiry to analyze the authors' choices and how they influence and communicate meaning within a variety of texts. The student analyzes and applies author's craft purposefully in order to develop his or her own products and performances. The student is expected to:
- (A) discuss with adult assistance the author's purpose for writing text;
 - (B) discuss with adult assistance how the use of text structure contributes to the author's purpose;
 - (C) discuss with adult assistance the author's use of print and graphic features to achieve specific purposes;
 - (D) discuss with adult assistance how the author uses words that help the reader visualize; and
 - (E) listen to and experience first- and third-person texts.
- (10) Composition: listening, speaking, reading, writing, and thinking using multiple texts--writing process. The student uses the writing process recursively to compose multiple texts that are legible and uses appropriate conventions. The student is expected to:
- (A) plan by generating ideas for writing through class discussions and drawings;
 - (B) develop drafts in oral, pictorial, or written form by organizing ideas;
 - (C) revise drafts by adding details in pictures or words;
 - (D) edit drafts with adult assistance using standard English conventions, including:
 - (i) complete sentences;
 - (ii) verbs;
 - (iii) singular and plural nouns;
 - (iv) adjectives, including articles;
 - (v) prepositions;
 - (vi) pronouns, including subjective, objective, and possessive cases;
 - (vii) capitalization of the first letter in a sentence and name;
 - (viii) punctuation marks at the end of declarative sentences; and
 - (ix) correct spelling of words with grade-appropriate orthographic patterns and rules and high-frequency words; and
 - (E) share writing.
- (11) Composition: listening, speaking, reading, writing, and thinking using multiple texts--genres. The student uses genre characteristics and craft to compose multiple texts that are meaningful. The student is expected to:
- (A) dictate or compose literary texts, including personal narratives; and
 - (B) dictate or compose informational texts.
- (12) Inquiry and research: listening, speaking, reading, writing, and thinking using multiple texts. The student engages in both short-term and sustained recursive inquiry processes for a variety of purposes. The student is expected to:
- (A) generate questions for formal and informal inquiry with adult assistance;

- (B) develop and follow a research plan with adult assistance;
- (C) gather information from a variety of sources with adult assistance;
- (D) demonstrate understanding of information gathered with adult assistance;
and
- (E) use an appropriate mode of delivery, whether written, oral, or multimodal, to present results.

§111.2. Mathematics, Kindergarten, Adopted 2012.

- (a) Knowledge and skills.
 - (1) Mathematical process standards. The student uses mathematical processes to acquire and demonstrate mathematical understanding. The student is expected to:
 - (A) apply mathematics to problems arising in everyday life, society, and the workplace;
 - (B) use a problem-solving model that incorporates analyzing given information, formulating a plan or strategy, determining a solution, justifying the solution, and evaluating the problem-solving process and the reasonableness of the solution;
 - (C) select tools, including real objects, manipulatives, paper and pencil, and technology as appropriate, and techniques, including mental math, estimation, and number sense as appropriate, to solve problems;
 - (D) communicate mathematical ideas, reasoning, and their implications using multiple representations, including symbols, diagrams, graphs, and language as appropriate;
 - (E) create and use representations to organize, record, and communicate mathematical ideas;
 - (F) analyze mathematical relationships to connect and communicate mathematical ideas; and
 - (G) display, explain, and justify mathematical ideas and arguments using precise mathematical language in written or oral communication.
 - (2) Number and operations. The student applies mathematical process standards to understand how to represent and compare whole numbers, the relative position and magnitude of whole numbers, and relationships within the numeration system. The student is expected to:
 - (A) count forward and backward to at least 20 with and without objects;
 - (B) read, write, and represent whole numbers from 0 to at least 20 with and without objects or pictures;
 - (C) count a set of objects up to at least 20 and demonstrate that the last number said tells the number of objects in the set regardless of their arrangement or order;
 - (D) recognize instantly the quantity of a small group of objects in organized and random arrangements;
 - (E) generate a set using concrete and pictorial models that represents a number that is more than, less than, and equal to a given number up to 20;
 - (F) generate a number that is one more than or one less than another number up to at least 20;
 - (G) compare sets of objects up to at least 20 in each set using comparative

- language;
 - (H) use comparative language to describe two numbers up to 20 presented as written numerals; and
 - (I) compose and decompose numbers up to 10 with objects and pictures.
- (3) Number and operations. The student applies mathematical process standards to develop an understanding of addition and subtraction situations in order to solve problems. The student is expected to:
- (A) model the action of joining to represent addition and the action of separating to represent subtraction;
 - (B) solve word problems using objects and drawings to find sums up to 10 and differences within 10; and
 - (C) explain the strategies used to solve problems involving adding and subtracting within 10 using spoken words, concrete and pictorial models, and number sentences.
- (4) Number and operations. The student applies mathematical process standards to identify coins in order to recognize the need for monetary transactions. The student is expected to identify U.S. coins by name, including pennies, nickels, dimes, and quarters.
- (5) Algebraic reasoning. The student applies mathematical process standards to identify the pattern in the number word list. The student is expected to recite numbers up to at least 100 by ones and tens beginning with any given number.
- (6) Geometry and measurement. The student applies mathematical process standards to analyze attributes of two-dimensional shapes and three-dimensional solids to develop generalizations about their properties. The student is expected to:
- (A) identify two-dimensional shapes, including circles, triangles, rectangles, and squares as special rectangles;
 - (B) identify three-dimensional solids, including cylinders, cones, spheres, and cubes, in the real world;
 - (C) identify two-dimensional components of three-dimensional objects;
 - (D) identify attributes of two-dimensional shapes using informal and formal geometric language interchangeably;
 - (E) classify and sort a variety of regular and irregular two- and three-dimensional figures regardless of orientation or size; and
 - (F) create two-dimensional shapes using a variety of materials and drawings.
- (7) Geometry and measurement. The student applies mathematical process standards to directly compare measurable attributes. The student is expected to:
- (A) give an example of a measurable attribute of a given object, including length, capacity, and weight; and
 - (B) compare two objects with a common measurable attribute to see which object has more of/less of the attribute and describe the difference.

- (8) Data analysis. The student applies mathematical process standards to collect and organize data to make it useful for interpreting information. The student is expected to:
 - (A) collect, sort, and organize data into two or three categories;
 - (B) use data to create real-object and picture graphs; and
 - (C) draw conclusions from real-object and picture graphs.
- (9) Personal financial literacy. The student applies mathematical process standards to manage one's financial resources effectively for lifetime financial security. The student is expected to:
 - (A) identify ways to earn income;
 - (B) differentiate between money received as income and money received as gifts;
 - (C) list simple skills required for jobs; and
 - (D) distinguish between wants and needs and identify income as a source to meet one's wants and needs.

§ 112.2. Science, Kindergarten, Adopted 2021.

Knowledge and skills.

- (1) Scientific and engineering practices. The student asks questions, identifies problems, and plans and safely conducts classroom, laboratory, and field investigations to answer questions, explain phenomena, or design solutions using appropriate tools and models. The student is expected to:
 - (A) ask questions and define problems based on observations or information from text, phenomena, models, or investigations;
 - (B) use scientific practices to plan and conduct simple descriptive investigations and use engineering practices to design solutions to problems;
 - (C) identify, describe, and demonstrate safe practices during classroom and field investigations as outlined in Texas Education Agency-approved safety standards;
 - (D) use tools, including hand lenses, goggles, trays, cups, bowls, sieves or sifters, notebooks, terrariums, aquariums, samples (rocks, sand, soil, loam, gravel, clay, seeds, and plants), windsock, demonstration thermometer, rain gauge, straws, ribbons, non-standard measuring items, blocks or cubes, tuning fork, various flashlights, small paper cups, items that roll, noise makers, hot plate, opaque objects, transparent objects, foil pie pans, foil muffin cups, wax paper, Sun-Moon-Earth model, and plant life cycle model to observe, measure, test, and compare;
 - (E) collect observations and measurements as evidence;
 - (F) record and organize data using pictures, numbers, words, symbols, and simple graphs; and
 - (G) develop and use models to represent phenomena, objects, and processes or design a prototype for a solution to a problem.
- (2) Scientific and engineering practices. The student analyzes and interprets data to derive meaning, identify features and patterns, and discover relationships or correlations to develop evidence-based arguments or evaluate designs. The student is expected to:
 - (A) identify basic advantages and limitations of models such as their size, properties, and materials;
 - (B) analyze data by identifying significant features and patterns;
 - (C) use mathematical concepts to compare two objects with common attributes; and
 - (D) evaluate a design or object using criteria to determine if it works as intended.
- (3) Scientific and engineering practices. The student develops evidence-based explanations and communicates findings, conclusions, and proposed solutions. The student is expected to:

- (A) develop explanations and propose solutions supported by data and models;
 - (B) communicate explanations and solutions individually and collaboratively in a variety of settings and formats; and
 - (C) listen actively to others' explanations to identify important evidence and engage respectfully in scientific discussion.
- (4) Scientific and engineering practices. The student knows the contributions of scientists and recognizes the importance of scientific research and innovation on society. The student is expected to:
- (A) explain how science or an innovation can help others; and
 - (B) identify scientists and engineers such as Isaac Newton, Mae Jemison, and Ynes Mexia and explore what different scientists and engineers do.
- (5) Recurring themes and concepts. The student uses recurring themes and concepts to make connections across disciplines. The student is expected to:
- (A) identify and use patterns to describe phenomena or design solutions;
 - (B) investigate and predict cause-and-effect relationships in science;
 - (C) describe the properties of objects in terms of relative size (scale) and relative quantity;
 - (D) examine the parts of a whole to define or model a system;
 - (E) identify forms of energy and properties of matter;
 - (F) describe the relationship between the structure and function of objects, organisms, and systems; and
 - (G) describe how factors or conditions can cause objects, organisms, and systems to either change or stay the same.
- (6) Matter and its properties. The student knows that objects have physical properties that determine how they are described and classified. The student is expected to identify and record observable physical properties of objects, including shape, color, texture, and material, and generate ways to classify objects.
- (7) Force, motion, and energy. The student knows that forces cause changes in motion and position in everyday life. The student is expected to describe and predict how a magnet interacts with various materials and how magnets can be used to push or pull.
- (8) Force, motion, and energy. The student knows that energy is everywhere and can be observed in everyday life. The student is expected to:
- (A) communicate the idea that objects can only be seen when a light source is present and compare the effects of different amounts of light on the appearance of objects; and
 - (B) demonstrate and explain that light travels through some objects and is blocked by other objects, creating shadows.
- (9) Earth and space. The student knows that there are recognizable patterns in

the natural world and among objects in the sky. The student is expected to:

- (A) identify, describe, and predict the patterns of day and night and their observable characteristics; and
- (B) observe, describe, and illustrate the Sun, Moon, stars, and objects in the sky such as clouds.

(10) Earth and space. The student knows that the natural world includes earth materials and systems that can be observed. The student is expected to:

- (A) describe and classify rocks by the observable properties of size, shape, color, and texture;
- (B) observe and describe weather changes from day to day and over seasons; and
- (C) identify evidence that supports the idea that air is all around us and demonstrate that wind is moving air using items such as a windsock, pinwheel, or ribbon.

(11) Earth and space. The student knows that earth materials are important to everyday life. The student is expected to observe and generate examples of practical uses for rocks, soil, and water.

(12) Organisms and environments. The student knows that plants and animals depend on the environment to meet their basic needs for survival. The student is expected to:

- (A) observe and identify the dependence of plants on air, sunlight, water, nutrients in the soil, and space to grow; and
- (B) observe and identify the dependence of animals on air, water, food, space, and shelter.

(13) Organisms and environments. The student knows that organisms resemble their parents and have structures and undergo processes that help them interact and survive within their environments. The student is expected to:

- (A) identify the structures of plants, including roots, stems, leaves, flowers, and fruits;
- (B) identify the different structures that animals have that allow them to interact with their environment such as seeing, hearing, moving, and grasping objects;
- (C) identify and record the changes from seed, seedling, plant, flower, and fruit in a simple plant life cycle; and
- (D) identify ways that young plants resemble the parent plant.

§113.11. Social Studies, Kindergarten, Adopted 2018.

Knowledge and skills.

- (1) History. The student understands that holidays are celebrations of special events. The student is expected to:
 - (A) identify national patriotic holidays such as Constitution Day, Presidents' Day, Veterans Day, and Independence Day; and
 - (B) identify customs associated with national patriotic holidays such as parades and fireworks on Independence Day.
- (2) History. The student understands how historical figures helped shape the state and nation. The student is expected to identify contributions of historical figures, including Stephen F. Austin, George Washington, Christopher Columbus, and José Antonio Navarro, who helped to shape the state and nation.
- (3) Geography. The student understands the concept of location. The student is expected to:
 - (A) use spatial terms, including over, under, near, far, left, and right, to describe relative location;
 - (B) locate places on the school campus and describe their relative locations; and
 - (C) identify and use geographic tools that aid in determining location, including maps and globes.
- (4) Geography. The student understands physical and human characteristics of place to better understand self, home, family, classroom, and the world around them. The student is expected to:
 - (A) identify the physical characteristics of place such as landforms, bodies of water, Earth's resources, and weather; and
 - (B) identify how geographic location influences human characteristics of place such as shelter, clothing, food, and activities.
- (5) Economics. The student understands the difference between human needs and wants and how they are met. The student is expected to:
 - (A) identify basic human needs of food, clothing, and shelter;
 - (B) explain the difference between needs and wants; and
 - (C) explain how basic human needs and wants can be met.
- (6) Economics. The student understands the value of jobs. The student is expected to:
 - (A) identify jobs in the home, school, and community; and
 - (B) explain why people have jobs.
- (7) Government. The student understands the purpose of rules. The student is expected to:
 - (A) identify purposes for having rules; and
 - (B) identify rules that provide order, security, and safety in the home and school.

- (8) Government. The student understands the role of authority figures. The student is expected to:
 - (A) identify authority figures in the home, school, and community; and
 - (B) explain how authority figures enforce rules.
- (9) Citizenship. The student understands important symbols, customs, and responsibilities that represent American beliefs and principles and contribute to our national identity. The student is expected to:
 - (A) identify the United States flag and the Texas state flag;
 - (B) recite the Pledge of Allegiance to the United States Flag and the Pledge to the Texas Flag; and
 - (C) use voting as a method for group decision making.
- (10) Culture. The student understands similarities and differences among individuals. The student is expected to identify similarities and differences among individuals such as kinship and religion.
- (11) Culture. The student understands the importance of family traditions. The student is expected to:
 - (A) describe and explain the importance of family traditions; and
 - (B) compare traditions among families.
- (12) Science, technology, and society. The student understands ways technology is used in the home and school and how technology affects people's lives. The student is expected to:
 - (A) identify examples of technology used in the home and school;
 - (B) describe how technology helps accomplish specific tasks and meet people's needs; and
 - (C) describe how his or her life might be different without modern technology.
- (13) Social studies skills. The student applies critical-thinking skills to organize and use information acquired from a variety of valid sources, including technology. The student is expected to:
 - (A) gather information about a topic using a variety of valid oral and visual sources such as interviews, music, pictures, symbols, and artifacts with adult assistance; and
 - (B) sequence and categorize information.
- (14) Social studies skills. The student communicates in oral and visual forms. The student is expected to:
 - (A) place events in chronological order;
 - (B) use social studies terminology related to time and chronology correctly, including before, after, next, first, last, yesterday, today, and tomorrow;
 - (C) express ideas orally based on knowledge and experiences; and
 - (D) create and interpret visuals, including pictures and maps.
- (15) Social studies skills. The student uses problem-solving and decision-making skills, working independently and with others. The student is expected to use problem-solving and decision-making processes to identify a problem, gather

information, list and consider options, consider advantages and disadvantages, choose and implement a solution, and evaluate the effectiveness of the solution.

§114.4. Languages Other Than English, Elementary, Adopted 2014.

(a) According to the National Standards for Foreign Language Learning, advanced level language proficiency is necessary for college and career readiness. To that end, students should have uninterrupted, consistent access to early standards-based learning experiences in languages other than English. School districts are strongly encouraged to offer languages other than English in the elementary grades in immersion or Foreign Language in Elementary Schools (FLES) settings with consistent and frequent exposure. For districts that offer languages in elementary school, the expected student outcomes are the same as those designated at levels I-IV in Subchapter C of this chapter (relating to Texas Essential Knowledge and Skills for Languages Other Than English).

(b) Districts may offer a level of a language in a variety of scheduling arrangements that may extend or reduce the traditional schedule when careful consideration is given to the instructional time available on a campus and the language ability, access to programs, and motivation of students.

§115.12. Health Education, Kindergarten, Adopted 2020.

(a) Knowledge and skills.

- (1) Physical health and hygiene--body systems. The student examines the structure, function, and relationships of body systems and their relevance to personal health. The student is expected to name the five senses.
- (2) Physical health and hygiene--personal health and hygiene. The student understands health literacy, preventative health behaviors, and how to access and evaluate health care information to make informed decisions. The student is expected to:
 - (A) name people who can provide health care guidance such as parents, family members, other trusted adults, teachers, and health care professionals;
 - (B) identify personal hygiene and health habits that help individuals stay healthy such as hand washing and brushing teeth;
 - (C) discuss ways in which germs are transmitted, methods of preventing the spread of germs, and the importance of immunization; and
 - (D) identify head lice and biting insects that may cause illness and their proper removal and care.
- (3) Mental health and wellness--social and emotional health. The student identifies and applies strategies to develop socio-emotional health, self-regulation, and healthy relationships. The student is expected to:
 - (A) identify their own feelings and emotions;
 - (B) describe and practice calming and self-management strategies;
 - (C) discuss how friends can influence a person's behavior;
 - (D) demonstrate skills for making new acquaintances;
 - (E) demonstrate respect and communicate appropriately with individuals; and
 - (F) identify and practice ways to solve conflicts with a friend.
- (4) Mental health and wellness--developing a healthy self-concept. The student develops the capacity for self-assessment and evaluation, goal setting, and decision making in order to develop a healthy self-concept. The student is expected to:
 - (A) describe positive social skills and personal qualities such as truth, kindness, reliability, and respectfulness; and
 - (B) discuss the meaning of goals and identify at least one health-related goal.
- (5) Mental health and wellness--identifying and managing mental health and wellness concerns. The student develops and uses appropriate skills to identify

and manage conditions related to mental health and wellness. The student is expected to discuss how to treat peers with different learning needs with dignity.

- (6) Healthy eating and physical activity--food and beverage daily recommendations. The student identifies and explains healthy eating strategies for enhancing and maintaining personal health throughout the lifespan. The student is expected to:
 - (A) demonstrate an understanding that the human body is composed mostly of water and explain the importance of drinking water daily;
 - (B) identify healthy portion sizes for common food items;
 - (C) identify types of foods that help the body grow, including fruits and vegetables, dairy, and protein; and
 - (D) identify healthy and unhealthy snack choices.
- (7) Healthy eating and physical activity--risk and protective factors. The student identifies and explains risk and protective factors related to healthy eating and physical activity. The student is expected to:
 - (A) describe basic facts of food allergy safety such as not sharing food and explain the importance of respecting others who have allergies; and
 - (B) identify habits that help individuals stay healthy such as getting the proper amount of sleep and daily physical activity.
- (8) Injury and violence prevention and safety--safety skills and unintentional injury. The student identifies and demonstrates safety and first aid knowledge to prevent and treat injuries. The student is expected to:
 - (A) discuss and demonstrate procedures for responding to emergencies, including reporting to a parent or another trusted adult or contacting 911; and
 - (B) identify the purpose and demonstrate the proper use of protective equipment such as seat belts, booster seats, and bicycle helmets.
- (9) Injury and violence prevention and safety--healthy relationships and conflict-resolution skills. The student differentiates between healthy and unhealthy relationships and demonstrates effective strategies to address conflict. The student is expected to:
 - (A) identify roles and characteristics of a trusted adult;
 - (B) identify and role play refusal skills such as saying "no" to protect personal space and to avoid unsafe situations; and
 - (C) identify personal space and appropriate boundaries.
- (10) Injury and violence prevention and safety--healthy home, school, and community climate. The student understands that individual actions and

awareness can impact safety, community, and environment. The student is expected to:

- (A) name safe play environments;
- (B) name objects that may be dangerous such as knives, scissors, and screwdrivers and explain how they can be harmful; and
- (C) recall personal home address as part of a personal safety plan.

(11) Injury and violence prevention and safety--digital citizenship and media. The student understands how to be a safe and responsible citizen in digital and online environments. The student is expected to identify situations when one should get help from a teacher, parent, or other trusted adult when made to feel bullied, uncomfortable, or unsafe in a digital or online environment.

(12) Injury and violence prevention and safety--interpersonal violence. The student understands the impact of interpersonal violence and the importance of seeking guidance and help to maintain personal safety. The student is expected to:

- (A) identify bullying behaviors and the role of the bystander;
- (B) identify ways to discourage bullying;
- (C) describe appropriate actions to take in response to bullying such as telling a parent or another trusted adult; and
- (D) explain and practice how to get help from a parent or another trusted adult when made to feel uncomfortable or unsafe by another person.

(13) Alcohol, tobacco, and other drugs--use, misuse, and physiological effects. The student understands the difference between the use and misuse of different substances and how the use and misuse of substances impacts health. The student is expected to:

- (A) discuss the proper usage of medications; and
- (B) discuss the harmful effects of alcohol, tobacco, and drugs on physical health.

(14) Alcohol, tobacco, and other drugs--risk and protective factors. The student understands how various factors can influence decisions regarding substance use and the resources available for help. The student is expected to identify refusal skills and how to get help from a parent or another trusted adult in unsafe situations involving the use or misuse of alcohol, tobacco, and other drugs.

§116.12. Physical Education, Kindergarten. Adopted 2020.

- (a) Knowledge and skills.
 - (1) Movement patterns and movement skills--locomotor skills. The physically literate student demonstrates competency in fundamental movement patterns and developmentally appropriate locomotor skills. The student is expected to:
 - (A) practice proper foot patterns and form and maintain balance while hopping, galloping, running, sliding, skipping, and walking;
 - (B) practice correct technique while jumping in place, forward and backward, and side to side;
 - (C) demonstrate visual tracking and tracing, simple balancing, cross lateralization, and sequencing of two skills; and
 - (D) spin and roll at different levels, speeds, and positions.
 - (2) Movement patterns and movement skills--non-locomotor skills. The physically literate student demonstrates competency in fundamental movement patterns and developmentally appropriate non-locomotor skills. The student is expected to:
 - (A) maintain balance while bearing weight using different bases of support; and
 - (B) practice bending, stretching, twisting, and curling while maintaining balance.
 - (3) Movement patterns and movement skills--manipulative skills. The physically literate student demonstrates competency in developmentally appropriate manipulative skills. The student is expected to:
 - (A) self-toss an object and throw underhand with opposite foot forward;
 - (B) catch a self-dropped ball before it bounces twice and catch a self-tossed object before it hits the ground;
 - (C) practice dribbling with one hand;
 - (D) tap a ball using the inside of the foot;
 - (E) kick a stationary ball from a stationary position;
 - (F) volley a lightweight object to self;
 - (G) strike a lightweight object using hand or short-handled implement;
 - (H) jump at least once with a self-turned rope; and
 - (I) demonstrate swinging a long rope back and forth with a partner.

- (4) Movement patterns and movement skills--spatial and body awareness. The physically literate student demonstrates competency in spatial and body awareness, including pathways, shapes, levels, speed, direction, and force. The student is expected to:
 - (A) differentiate between personal and general space while moving to simple rhythms and maintaining balance;
 - (B) demonstrate a variety of pathways, shapes, and levels while maintaining balance; and
 - (C) demonstrate clear contrast when moving in different speeds and directions while maintaining balance.
- (5) Movement patterns and movement skills--rhythmic activities. The physically literate student demonstrates competency in rhythmic activities and rhythmic combinations. The student is expected to mirror and follow teacher movement and basic rhythm patterns.
- (6) Performance strategies--games and activities. The physically literate student demonstrates competency in performance strategies in invasion, target, net or wall, fielding, striking, and cooperative games. The student is expected to:
 - (A) demonstrate the skills of chasing, fleeing, and dodging to avoid or catch others during a variety of games while maintaining appropriate space and speed;
 - (B) practice the correct techniques for motor development skills following teacher direction; and
 - (C) demonstrate safe practices by following rules, procedures, and directions during class and activities.
- (7) Performance strategies--outdoor and recreational pursuits. The physically literate student demonstrates competency in outdoor and recreational pursuits. The student is expected to discuss outdoor recreation and health and fitness activities in school and the community.
- (8) Health, physical activity, and fitness--fitness principles. The physically literate student demonstrates and recognizes a health-enhancing, physically active lifestyle. The student is expected to:
 - (A) discuss the immediate effect of physical activity on the heart and lungs;
 - (B) describe the importance of daily active play; and
 - (C) participate in exercises that promote health-related fitness.
- (9) Health, physical activity, and fitness--analyze data. The physically literate student demonstrates competency in the ability to analyze data used during fitness performance. The student is expected to:

(A) describe the importance of goal setting; and

(B) identify how to measure improvement in physical skills such as counting the number of times a student can hop while maintaining balance.

(10) Health, physical activity, and fitness--nutrition and hydration. The physically literate student recognizes the correlation between nutrition, hydration, and physical activity. The student is expected to:

(A) recognize that eating a variety of foods produces energy for physical activity; and

(B) identify the best source of hydration during physical activity.

(11) Health, physical activity, and fitness--environmental awareness and safety practices. The physically literate student demonstrates competency in environmental awareness and understands safety practices. The student is expected to:

(A) identify proper clothing and footwear for physical activity; and

(B) identify safety precautions, including pedestrian, water, sun, and cycling safety, with teacher guidance.

(12) Social and emotional health--personal responsibility and self-management. The physically literate student demonstrates competency in personal responsibility. The student is expected to:

(A) give examples of consequences resulting from personal actions;

(B) demonstrate respect for differences and similarities in abilities of self and others; and

(C) identify personal impulses and emotions with teacher guidance.

(13) Social and emotional health--resolving conflict and social interaction. The physically literate student demonstrates competency in resolving conflict and social interaction. The student is expected to:

(A) demonstrate respect and cooperation through words and actions with teacher guidance; and

(B) (B) communicate feelings and thoughts appropriately with teacher guidance.

(14) Social and emotional health--perseverance. The physically literate student perseveres while addressing challenges. The student is expected to explain why some physical activities are challenging.

(15) Social and emotional health--accepting and providing constructive feedback. The physically literate student accepts and provides constructive feedback. The student is expected to listen respectfully and respond appropriately to corrective feedback with teacher guidance.

- (16) Lifetime wellness--application of lifetime wellness. The physically literate student identifies the value of lifetime wellness. The student is expected to:
- (A) participate in moderate to vigorous physical activity on a regular basis;
and
 - (B) identify physical activity for personal enjoyment with teacher guidance.

§117.102. Art, Kindergarten, Adopted 2013.

- (a) Knowledge and skills.
 - (1) Foundations: observation and perception. The student develops and expands visual literacy skills using critical thinking, imagination, and the senses to observe and explore the world by learning about, understanding, and applying the elements of art, principles of design, and expressive qualities. The student uses what the student sees, knows, and has experienced as sources for examining, understanding, and creating artworks. The student is expected to:
 - (A) gather information from subjects in the environment using the senses; and
 - (B) identify the elements of art, including line, shape, color, texture, and form, and the principles of design, including repetition/pattern and balance, in the environment.
 - (2) Creative expression. The student communicates ideas through original artworks using a variety of media with appropriate skills. The student expresses thoughts and ideas creatively while challenging the imagination, fostering reflective thinking, and developing disciplined effort and progressive problem-solving skills. The student is expected to:
 - (A) create artworks using a variety of lines, shapes, colors, textures, and forms;
 - (B) arrange components intuitively to create artworks; and
 - (C) use a variety of materials to develop manipulative skills while engaging in opportunities for exploration through drawing, painting, printmaking, constructing artworks, and sculpting, including modeled forms.
 - (3) Historical and cultural relevance. The student demonstrates an understanding of art history and culture by analyzing artistic styles, historical periods, and a variety of cultures. The student develops global awareness and respect for the traditions and contributions of diverse cultures. The student is expected to:
 - (A) identify simple subjects expressed in artworks;
 - (B) share ideas about personal experiences such as family and friends and develop awareness and sensitivity to differing experiences and opinions through artwork;
 - (C) identify the uses of art in everyday life; and
 - (D) relate visual art concepts to other disciplines.
 - (4) Critical evaluation and response. The student responds to and analyzes artworks of self and others, contributing to the development of lifelong skills of making informed judgments and reasoned evaluations. The student is expected to:
 - (A) express ideas about personal artworks or portfolios;
 - (B) express ideas found in collections such as real or virtual art museums, galleries, portfolios, or exhibitions using original artworks created by artists or peers; and
 - (C) compile collections of artwork such as physical artwork, electronic images, sketchbooks, or portfolios for the purposes of self-evaluations

or exhibitions.

§117.103. Music, Kindergarten, Adopted 2013.

- (a) Knowledge and skills.
 - (1) Foundations: music literacy. The student describes and analyzes musical sound. The student is expected to:
 - (A) identify the differences between the five voices, including singing, speaking, inner, whispering, and calling voices;
 - (B) identify the timbre of adult and child singing voices;
 - (C) identify the timbre of instrument families;
 - (D) identify same/different in beat/rhythm, higher/lower, louder/softer, faster/slower, and simple patterns in musical performances; and
 - (E) identify beat, rhythm, and simple two-tone or three-tone melodies using iconic representation.
 - (2) Creative expression. The student performs a varied repertoire of developmentally appropriate music in informal or formal settings. The student is expected to:
 - (A) sing or play classroom instruments independently or in groups;
 - (B) sing songs or play classroom instruments from diverse cultures and styles independently or in groups;
 - (C) move alone or with others to a varied repertoire of music using gross and fine locomotor and non-locomotor movement;
 - (D) perform simple partwork, including beat versus rhythm; and
 - (E) perform music using louder/softer and faster/slower.
 - (3) Historical and cultural relevance. The student examines music in relation to history and cultures. The student is expected to:
 - (A) sing songs and play musical games, including rhymes, folk music, and seasonal music; and
 - (B) identify simple interdisciplinary concepts related to music.
 - (4) Critical evaluation and response. The student listens to, responds to, and evaluates music and musical performances. The student is expected to:
 - (A) identify and demonstrate appropriate audience behavior during live or recorded performances;
 - (B) identify steady beat in musical performances; and
 - (C) compare same/different in beat/rhythm, higher/lower, louder/softer, faster/slower, and simple patterns in musical performances.

§117.104. Theatre, Kindergarten, Adopted 2013.

- (a) Knowledge and skills.
 - (1) Foundations: inquiry and understanding. The student develops concepts about self, human relationships, and the environment using elements of drama and conventions of theatre. The student is expected to:
 - (A) develop self-awareness through dramatic play;
 - (B) explore space using expressive movement;
 - (A) imitate sounds; and
 - (B) imitate and recreate objects in dramatic play.
 - (2) Creative expression: performance. The student interprets characters using the voice and body expressively and creates dramatizations. The student is expected to:
 - (A) demonstrate safe use of movement and voice;
 - (B) assume roles through imitation and recreation;
 - (C) identify the characteristics of dramatic play; and
 - (D) participate in dramatic play.
 - (3) Creative expression: production. The student applies design, directing, and theatre production concepts and skills. The student is expected to:
 - (A) create playing space using common objects such as tables or chairs;
 - (B) create costumes using simple materials such as cardboard, newspaper, or fabric;
 - (C) rehearse dramatic play; and
 - (D) cooperate with others in dramatic play.
 - (4) Historical and cultural relevance. The student relates theatre to history, society, and culture. The student is expected to:
 - (A) rehearse and perform real and imaginative situations of family cultures of students in the class; and
 - (B) rehearse and perform stories from American history.
 - (5) Critical evaluation and response. The student responds to and evaluates theatre and theatrical performances. The student is expected to:
 - (A) discuss, practice, and display appropriate audience behavior; and
 - (B) respond to dramatic activities through discussion.

§126.6. Technology Applications, Kindergarten. Adopted 2022.

- (a) Knowledge and skills.
 - (1) Computational thinking--foundations. The student explores the core concepts of computational thinking, a set of problem-solving processes that involve decomposition, pattern recognition, abstraction, and algorithms. The student is expected to:
 - (A) identify a problem or task such as making a sandwich and break it down (decompose) into smaller pieces;
 - (B) identify simple patterns and make predictions based on the patterns; and
 - (C) identify algorithms (step-by-step instructions) using a sequential process such as first, next, then, and last.
 - (2) Computational thinking--applications. The student, with guidance from an educator, applies the fundamentals of computer science. The student is expected to create a sequence of code with or without technology such as solving a maze using drag-and-drop programming or creating step-by-step directions for student movement to a specific location.
 - (3) Creativity and innovation--innovative design process. The student takes an active role in learning by using a design process to solve authentic problems for a local or global audience, using a variety of technologies. The student is expected to:
 - (A) practice personal skills, including following directions, needed to successfully implement design processes; and
 - (B) use a design process with components such as asking questions, brainstorming, or storyboarding to identify and solve authentic problems with adult assistance.
 - (4) Data literacy, management, and representation--collect data. The student defines data and explains how data can be found and collected. The student is expected to:
 - (A) communicate an understanding that data is information collected about people, events, or objects such as computer searches and weather patterns; and
 - (B) communicate with adult assistance the idea that digital devices can search for and retrieve information.
 - (5) Digital citizenship--social interactions. The student identifies appropriate ways to communicate in various digital environments. The student is expected to identify and demonstrate responsible behavior within a

digital environment.

- (6) Digital citizenship--ethics and laws. The student recognizes and practices responsible, legal, and ethical behavior while using digital tools and resources. The student is expected to:
 - (A) demonstrate acceptable use of digital resources and devices as outlined in local policies or acceptable use policy (AUP); and
 - (B) communicate an understanding that all digital content has owners.
- (7) Digital citizenship--privacy, safety, and security. The student practices safe, legal, and ethical digital behaviors to become a socially responsible digital citizen. The student is expected to:
 - (A) identify ways to keep a user account safe, including not sharing login information and logging off accounts and devices; and
 - (B) identify and discuss what information is safe to share online such as hobbies and likes and dislikes and what information is unsafe such as identifying information.
- (8) Practical technology concepts--skills and tools. The student demonstrates knowledge and appropriate use of technology systems, concepts, and operations. The student is expected to:
 - (A) use a variety of applications, devices, and online learning environments to engage with content;
 - (B) identify basic computer hardware, including a variety of input and output devices, and software using accurate terminology;
 - (C) perform software application functions such as opening an application and modifying, printing, and saving digital artifacts using a variety of developmentally appropriate digital tools and resources;
 - (D) practice ergonomically correct keyboarding techniques and developmentally appropriate hand and body positions; and
 - (E) identify, locate, and practice using keys on the keyboard, including letters, numbers, and special keys such as space bar and backspace.