

Join the Texas SHAC Network!



Texas law requires every School District to have a School Health Advisory Council (SHAC). The appointed members—primarily parents—review health-related issues and provide recommendations to Districts. These SHACs keep children’s health as a top priority and ensure that local community values are considered in decision-making.

You need to be involved in your district SHAC if you are concerned about:

- recess and physical education,
- school meals,
- reviewing sexuality education,
- bullying or
- any topic relating to child health.

We must ensure that school administrators embrace the Whole Child model and understand the direct impact that health has on a child’s ability to be successful in school. If a child is hungry, or tired, doesn’t get enough physical activity or is having emotional challenges, that child cannot focus and is more likely to have behavior issues or miss school. Science proves there is a direct connection between learning and health. When Texas students learn in a healthy environment, they can reach their full potential and maximize their academic success!



The Texas SHAC Network was formed to help local SHACs by providing a place that houses resources and a network to connect SHACs across the state. We currently have over 400 members from over 100 districts in the network!

Visit our TX SHAC Network website www.txshacnetwork.com for information on wellness policies, assessment tools, all of the laws pertaining to SHACs, links to Texas and national resources and more!

Join the Texas SHAC Network!

<https://www.surveymonkey.com/r/SHACNetwork>

